

World Gastroenterology Organization

Global Guardian of Digestive Health. Serving the World.

World Gastroenterology Organisation (WGO)

- an international federation of over 100 national GI societies representing over 50,000 individual members.

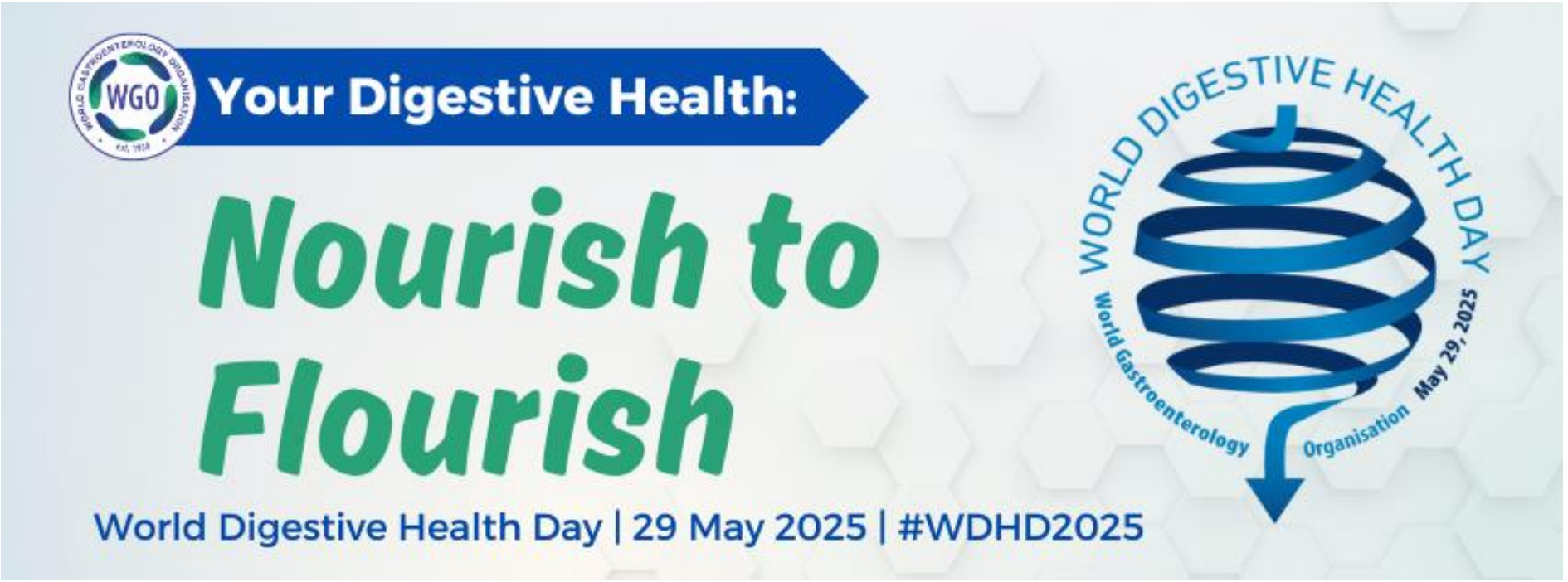
- WGO is focused on "the improvement of standards in gastroenterology training and education on a global scale.“

- The association was founded in 1935 and incorporated in 1958.

- Each year, WGO celebrates World Digestive Health Day (WDHD) with a global public health campaign to raise awareness about the prevention, prevalence, diagnosis, management, and treatment of digestive diseases and disorders.

- This year's campaign, ***Your Digestive Health: Nourish to Flourish,*** is celebrated on Thursday, 29 May 2025.

World Digestive Health Day 2025



Purpose of world Digestive Health Day

- Raise awareness: About digestive health issues and the importance of the digestive system.
- Promote healthy habits: Encouraging healthy eating, regular exercise, and other lifestyle choices that support digestive health.
- Reduce stigma: Addressing the stigma associated with digestive disorders and encouraging open conversations.
- Empower individuals: To proactively manage their well-being and reduce the risk of digestive disorders.

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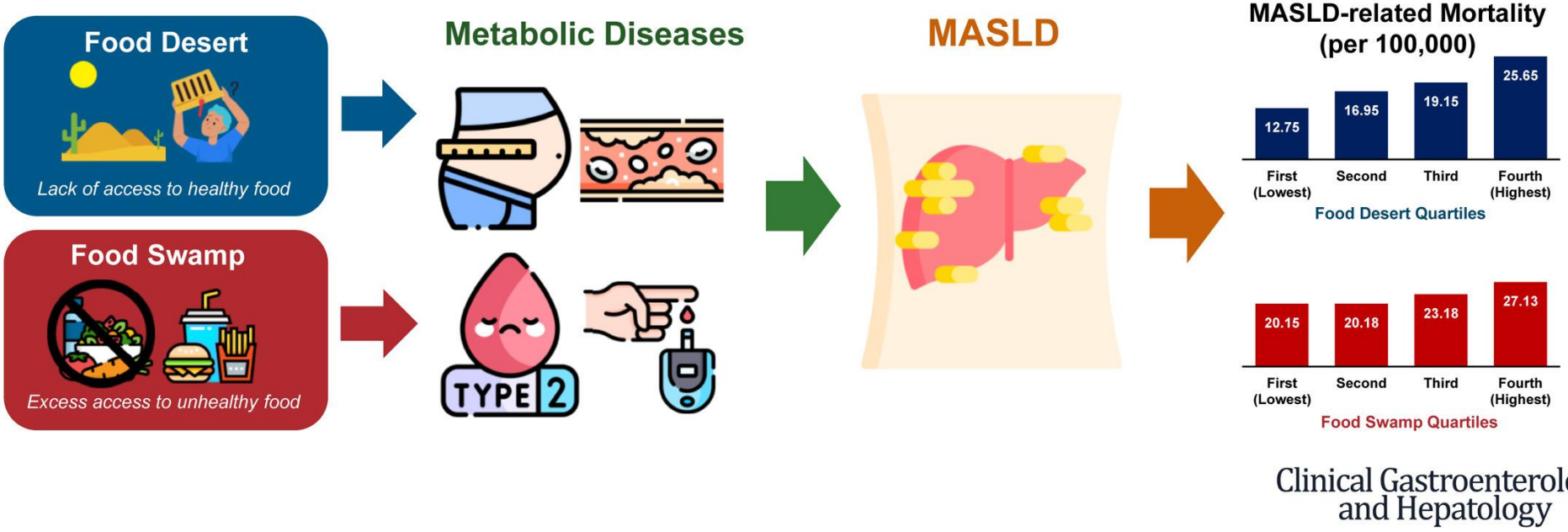
Food Swamps and Food Deserts Impact on Metabolic Dysfunction–Associated Steatotic Liver Disease Mortality in US Counties

Annette Paik,[1,2] Linda Henry,[1,2] Leyla de Avila,[1,2] Saleh AlQahtani,[1,3,4] Fatema Nader,[1,2,5] James M. Paik,[1,2,5] and Zobair M. Younossi[1,2]

[1]The Global NASH Council, Washington, DC; [2]Beatty Liver and Obesity Research Program, Inova Health System, Falls Church, Virginia; [3]Organ Transplant Center of Excellence, King Faisal Specialist Hospital and Research Center, Riyadh, Saudi Arabia; [4]Division of Gastroenterology and Hepatology, Johns Hopkins University, Baltimore, Maryland; and [5]Center for Outcomes Research in Liver Diseases, Washington, DC

Food Swamps and Food Deserts Impact on Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) Mortality in US Counties



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Food swamp

- A **food swamp** is an urban environment with an abundance of several non-nutritious food options such as corner stores or fast-food restaurants.

Food desert

- It is generally believed that those in a food desert have poor local access to nutritious food sources, while those in a food swamp have few grocery stores but easy local access to non-nutritious food.

- However, areas that have adequate access to healthy food options while still having an overwhelming amount of unhealthy food available are also considered food swamps.


Your Digestive Health:
Nourish to Flourish
World Digestive Health Day | 29 May 2025 | #WDHD2025
WORLD DIGESTIVE HEALTH DAY
World Gastroenterology Organisation
May 29, 2025